**St. Cyprian’s Anglican & Iona Presbyterian Church**  
1080 Finch Ave East, Toronto, Ontario  
Telephone: 416–494–2442

Church office hours Tuesdays & Fridays 10:00 a.m. to 1:00 p.m.

Sunday Worship by Zoom and in person 10:00 a.m.

**A butterfly on a flower

Description automatically generated**

**Pentecost 12/Trinity 11,**

**August 11, 2024**

Minister: Every member of the congregation  
Priest-in-Charge: The Rev. Dr. John Oakes

Email: [revdrjohnoakes@outlook.com](about:blank)

Phone: (647) 219-5754

Rector’s Warden: Carol Berger

People’s Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid   
Director of Music: Laura Hope  
Office Administrator: Bob Williams

Zoom Link for Sunday Worship:

[https://us02web.zoom.us/j/2897790104?pwd=WTVXeWtJZWV2RW9JVGJGOE5VUVB1dz09](about:blank)

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104 Passcode: 432441

**August 11, Pentecost 12,**

**10:30 a.m. Morning Prayer**

**From the *Book of Common Prayer***

Officiant and Preacher: Rev. Dr. John Oakes

**Land Acknowledgement**

*We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory’s significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.*

**Cell Phones**

*Please ensure that your cell phone is switched off or set to “airplane” mode to conserve the wifi service for our Zoom broadcast. Many thanks! Please stand*

**WELCOME**

**SCRIPTURE SENTENCES**

**Officiant: “**The earth shall be filled with the Knowledge of the

glory of the Lord, as the waters cover the sea.” *Habakkuk 2:14.*

“The Lord is in his holy temple: let all the earth keep silence before him.” *Habakkuk 2:20*.

“O worship the Lord in the beauty of holiness: let the whole earth stand in awe of him.” *Psalm 96:9 96:9*.

**PROCESSIONAL HYMN #560: *God, Whose Almighty Word***

*Please sit or kneel*

**CONFESSION AND ABSOLUTION**

**Officiant:** Dearly beloved, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God, our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace.

**All: Almighty and most merciful Father,**

**We have erred and strayed from thy ways like lost sheep, we have followed too much the devices**

**and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done; and there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders.**

**Spare thou them, O God, which confess their faults. Restore thou them that are penitent;**

**according to thy promises declared unto**

**humankind in Christ Jesu our Lord.**

**And grant, O most merciful Father, for his sake,**

**that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

**Officiant:** Almighty God, the Father of our Lord

Jesus Christ, who desireth not the death of

sinner, but rather that he may turn from his

wickedness, and live, hath given power and commandment to his ministers, to declare and pronounce to his people, being penitent, the

absolution and remission of their sins.

He pardoneth and absolveth all them that truly

repent and unfeignedly believe his holy Gospel.

Wherefore we beseech him to grant us true

repentance and his Holy Spirit, that those things

may please him which we do at this present, and

that the rest of our life hereafter may be pure and

holy; so that at the last we may come to his

eternal joy; through Jesus Christ our Lord. **Amen.**

*Please stand*

**THE PEACE**

Officiant: The peace of the Lord be always with you.

**People: And with thy spirit.**

**VENITE**

**Hymn: *Come, Let Us Praise the Lord*** *[paraphrased by Timothy*

*Dudley-Smith: Tune: Darwall (Hymn #379)]*

**1 Come, let us praise the Lord, with joy our God acclaim,**

**his greatness tell abroad and bless his saving name.**

**Lift high your songs before his throne to whom alone all praise**

**belongs.**

**2 Our God of matchless worth, our King beyond compare,**

**the deepest bounds of earth, the hills, are in his care.**

**He all decrees, who by his hand prepared the land and formed the seas.**

**3 In worship bow the knee, our glorious God confess;**

**the great Creator, he, the Lord our Righteousness. He reigns unseen: his flock he feeds and gently leads in pastures green.**

**RESPONSES**

**Officiant:** O Lord, open thou our lips;

**People:** **And our mouth shall show forth thy praise.**

**Officiant:** O God, make speed to save us;

**People: O Lord, make haste to help us.**

*Please stand*

**Officiant:** Glory be to the Father, and to the Son, and to the Holy Spirit;

**People: As it was in the beginning, is now, and ever shall be,**

**world without end. Amen.**

**Officiant:** Praise ye the Lord;

**People: The Lord’s Name be praised.**

*Please be seated*

**Psalm 34:1–8** (*BAS* version)

Officiant:1. I will bless the Lord at all times;

his praise shall ever be in my mouth.

**People: 2. I will glory in the Lord;**

**let the humble hear and rejoice.**

Officiant:3. Proclaim with me the greatness of the Lord;

let us exalt his name together.

**People: 4. I sought the Lord, and he answered me**

**and delivered me out of all my terror.**

Officiant:5. Look upon him and be radiant,

and let not your faces be ashamed.

**People: 6. I called in my affliction and the Lord heard me**

**and saved me from all my troubles.**

Officiant:7. The angel of the Lord encompasses those who fear him, and he will deliver them.

**People: 8. Taste and see that the Lord is good;**

**happy are they who trust in him!**

Officiant: Glory be to the Father, and to the Son,and to the

Holy Spirit;

**People: As it was in the beginning, is now, and ever shall**

**be, world without end. Amen.**

**The First Reading Ephesians 4:17–32** Ron Bloor

**Reader:** The first reading is taken from the fourth chapter of St. Paul’s Epistle to the Ephesians, beginning at the seventeenth verse.

17So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

18They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. 20That, however, is not the way of life you learned 21when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. 22You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23to be made new in the attitude of your minds;  24and to put on the new self, created to be like God in true righteousness and holiness. 25Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

26“In your anger do not sin”: Do not let the sun go down while you are still angry, 27and do not give the devil a foothold.

28Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.  29Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

31Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

*After the reading*

**Reader:** The Word of the Lord.

**People:** **Thanks be to God.**

*Please stand*

**TE DEUM**

**Hymn #332: *Thee We Adore, Eternal Lord*** (Tune: #349)

*Please be seated*

**Gospel Reading John 6:35, 41–51** Norma Leggard

**Reader:** The Holy Gospel reading is written in the sixth chapter of the Gospel according to Saint John, beginning at the thirty-fifth verse.

**35**Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty” . . . **41**At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.” **42**They said, “Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I came down from heaven’?”

**43”**Stop grumbling among yourselves,” Jesus answered. **44**”No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. **45**It is written in the Prophets: ‘They will all be taught by God.’ Everyone who has heard the Father and learned from him comes to me. **46**No one has seen the Father except the one who is from God; only he has seen the Father. **47**Very truly I tell you, the one who believes has eternal life. **48**I am the bread of life. **49**Your ancestors ate the manna in the wilderness, yet they died. **50**But here is the bread that comes down from heaven, which anyone may eat and not die. **51**I am the living bread that came down from heaven. Whoever eats this bread will live for ever. This bread is my flesh, which I will give for the life of the world.”

**Reader:** The Word of the Lord.

**People:** **Thanks be to God.**

*Please stand*

**BENEDICTUS**

**Hymn #11: *Blessed Be the God of Israel***(Tune: #121)

**APOSTLES' CREED**

**All: I believe in God the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell;**

**The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty;**

**From thence he shall come to judge the quick and the dead.**

**I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.**

**VERSICLES & RESPONSES**

**Officiant:** The Lord be with you;

**People: And with thy spirit.**

**Officiant:** Let us pray.

*Please sit or kneel*

**Officiant:** Lord, have mercy upon us.

**People: Christ, have mercy upon us.**

**Officiant:** Lord, have mercy upon us.

**All: Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive them that trespass against us; and lead us not into temptation, but deliver us from evil. Amen.**

**Officiant:** O Lord, show thy mercy upon us;

**People: And grant us thy salvation.**

**Officiant:** O Lord, save the King;

**People: And mercifully hear us when we call upon thee.**

**Officiant:** Endue thy Ministers with righteousness;

**People: And make thy chosen people joyful.**

**Officiant:** O Lord, save thy people;

**People: And bless thine inheritance.**

**Officiant:** Give peace in our time, O Lord;

**People: And evermore mightily defend us.**

**Officiant:** O God, make clean our hearts within us;

**People: And take not thy Holy Spirit from us.**

**THE COLLECTS** (said)

**Officiant:** O God, who declarest thy almighty power most chiefly in showing mercy and pity:

Mercifully grant unto us such a measure of thy

grace, that we, running the way of thy commandments, may obtain thy gracious promises, and be made partakers of thy heavenly treasure; through Jesus Christ our Lord. **Amen.**

**All: O God, who art the author of peace and lover of**

**concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord.** **Amen.**

**Officiant:** Lord our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

**Solo:** "Sing God a Simple Song" (Leonard Bernstein).

Sung by Chris Norman

**SERMON –** “Living in the Light”– Rev. Dr. John Oakes

*Please stand*

**OFFERTORY HYMN #3: *Morning Has Broken***

**OFFERTORY RESPONSE #666: *Praise God from Whom All Blessings***

*Please sit or kneel*

# PRAYERS OF INTERCESSION AND THANKSGIVING

*A Prayer for the King and the Commonwealth*

**Officiant:** Almighty God, the fountain of all goodness, we humbly beseech thee to bless our Sovereign, King Charles, the Parliaments of the Commonwealth, and all who are set in authority under him; that they may order all things in wisdom, righteousness, and peace, to the honour of thy holy Name, and the good of thy Church and people; through Jesus Christ our Lord. **Amen.**

*A Prayer for the Clergy and People*

**Officiant:** Almighty and everlasting God, from whom cometh every good and perfect gift: Send down upon our Bishops and Clergy, and all Congregations committed to their charge the healthful Spirit of thy grace; and that they may truly please thee, pour upon them the continual dew of thy blessing. Grant this, O Lord, for the honour of our Advocate and Mediator, Jesus Christ. **Amen.**

*Other Prayers*

*General Thanksgiving*

**Officiant:** Almighty God, Father of all mercies,

**All: We thine unworthy servants do give thee most humble and hearty thanks For all thy goodness and loving-kindness To us and to all people.**

**We bless thee for our creation, preservation,**

**and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful, and that we show forth thy praise, not only with our lips, but in our lives; by giving up ourselves to thy service,**

**and by walking before thee in holiness and**

**righteousness all our days; Through Jesus Christ our Lord, to whom, with thee and the Holy Spirit,**

**Be all honour and glory, world without end. Amen.**

*A Prayer of Saint Chrysostom*

**Officiant:** Almighty God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.**

**THE GRACE**

**All: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

**COMMUNITY ANNOUNCEMENTS**

**BLESSING**

**Officiant:** The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*Please stand*

**RECESSIONAL HYMN #505: *Be Thou My Vision***

**DISMISSAL**

**Officiant:** Allelulia! Let us go in peace!

**People In the name of the Lord, Alleluia!**

*Please join us for tea, coffee and refreshments in the Iona space after the service.*

**ANNOUNCEMENTS**

**Welcome!**

**Welcome to St. Cyprian’s and Iona**, as we continue our **combined worship and ministry at 10:30 a.m. on Sundays**. After today’s service, we invite everyone to join **a joint fellowship time** together **in the Iona space**.

**Summer Fellowship Time**

For **the remaining Sundays this summer, a cool drink and a cookie will be available for self-serve after the service**, as we continue to take time to chat, catch up, and stay in touch. Do stay and join us and if you wish to volunteer one Sunday, please speak to an elder or warden.

**Sunday Bible Study**

The Sunday Bible Study is **taking a break** until September**.**

**Wednesday Noon Meditation**

The **Wednesday meditation continues** with David Rudd and others **at 12 noon.** It is **20 minutes long** and **a helpful way to nurture your faith** through the practice of silent prayer.

[**https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09**](about:blank)

Meeting ID: 932 156 4941

Passcode: 1080

**Friday Zoom Bible Study**

Rev. John’s weekly **Zoom Bible Study on Fridays at 7:00 p.m. is now on summer break. Watch this space** for news about its resumption**.**

**Ministry Opportunities**

There are **ministry opportunities in** a number of **different areas,** for which **volunteers are welcome**. To help, **please contact Rev. John** **or one of the St. Cyprian’s wardens or Iona elders.**

**Happy Birthdays**

|  |
| --- |
| **Huntley Munroe Aug 11**  **Joyce Haynes Aug 11**  **Andrew Cole Aug 11**  **Rashida Shepherd Aug 14**  **Warren Leslie Aug 15**  **Jeya Edwards Aug 16**  **Mark deVries Aug 1**  **Sarah Reid Aug 16**  **Leonas Shepherd Aug 17** |
|  |

**Happy birthday, Happy birthday, God loves you.**

**Happy birthday and may all your dreams come true.**

**When you blow out the candles, one light stays aglow.**

**It’s the love light of our Lord for all to know.**