

**St. Cyprian's Anglican Church
and Iona Presbyterian Church**

1080 Finch Ave East, Toronto, Ontario

Telephone: 416- 494- 2442

Church office hours Tuesdays & Fridays 10:00 a.m. to 1:00 p.m.

Sunday Worship by Zoom and in person 10:30 a.m.



**Pentecost 13,
August 18, 2024**

Minister: Every member of the congregation

Priest-in-Charge: The Rev. Dr. John Oakes

Email: revdrjohnoakes@outlook.com

Phone: (647) 219-5754

Rector's Warden: Carol Berger

People's Warden: Stacey Leslie

Iona Elders: Marg Black, Dorine Bourque, Melissa Reid

Director of Music: Laura Hope

Office Administrator: Bob Williams

Zoom Link for Sunday Worship:

<https://us02web.zoom.us/j/2897790104?pwd=WTVXeWtJZWV2RW9JVGJGOE5VUUVB1dz09>

Or call: 647 374 4685 or 647 558 0588

Meeting ID: 289 779 0104

Passcode: 432441

Land Acknowledgement

We acknowledge that we meet on the traditional lands of the Mississauga. We acknowledge this territory's significance for the Indigenous peoples who lived, and continue to live, upon it and whose practices and spiritualities were tied to the land and continue to develop in relationship to the territory and its other inhabitants today.

Holy Communion (BAS) **Hymns are from *Common Praise***

Welcome

The Gathering of the Community

Opening Sentence: "Those who eat my flesh and drink my blood abide in me and I in them, says the Lord." (John 6:56)

Processional Hymn #380: *O Worship the King* (vv. 1–2, 5–6)

Presider: The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Presider: Almighty God,

All: **To you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Jesus Christ our Lord. Amen.**

Kyrie Eleison

Presider: Lord, have mercy upon us.

People: Christ, have mercy upon us.

Presider: Lord, have mercy upon us.

The Collect of the Day

Presider: Let us pray.

Almighty God,

you have broken the tyranny of sin

and sent into our hearts the Spirit of your Son.

Give us grace to dedicate our freedom to your service,

that all people may know the glorious liberty

of the children of God;

through Jesus Christ our Lord,

who lives and reigns with you and the Holy Spirit,

one God, now and for ever. **Amen.**

The Proclamation of the Word

Reader: The first reading is taken from the fifth chapter of St. Paul's Epistle to the Ephesians, beginning at the fifteenth verse.

First Reading: Ephesians 5:15–21

¹⁵Be very careful, then, how you live – not as unwise but as wise, ¹⁶making the most of every opportunity, because the days are evil. ¹⁷Therefore do not be foolish, but understand what the Lord's will is. ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Reader: The Word of the Lord.

All: Thanks be to God

Psalm 34:9–14

Presider: 9. Fear the Lord, you that are his saints,
for those who fear him lack nothing.

People: 10. The young lions lack and suffer hunger,
but those who seek the Lord lack nothing that is good.

Presider: 11. Come, children, and listen to me;
I will teach you the fear of the Lord.

People: 12. Who among you loves life
and desires long life to enjoy prosperity?

Presider: 13. Keep your tongue from evil-speaking
and your lips from lying words.

People: 14. Turn from evil and do good;
seek peace and pursue it.

Presider: Let us pray.

Hear us, Lord, when we cry to you. Calm our bodies and
minds with the peace which passes understanding, and make
us radiant with the knowledge of your goodness; through
Jesus Christ our Saviour. **Amen.**

Gradual Hymn #712: *Alleluia* (Chorus x2)

Gospel Reading: John 6:51–58

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to the sixth
chapter of Saint John, beginning at the fifty-first verse.

All: Glory to you, Lord Jesus Christ.

⁵¹[Jesus said] “I am the living bread that came down from heaven.
Whoever eats this bread will live forever. This bread is my flesh, which I

will give for the life of the world.” ⁵²Then the Jews began to argue sharply among themselves, “How can this man give us his flesh to eat?” ⁵³Jesus said to them, “Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. ⁵⁵For my flesh is real food and my blood is real drink. ⁵⁶Whoever eats my flesh and drinks my blood remains in me, and I in them. ⁵⁷Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. ⁵⁸This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.”

Reader: The Gospel of Christ

All: Praise to you, Lord Jesus Christ.

Gradual Hymn #712: Alleluia (Chorus x2)

Sermon: “Filled with the Holy Spirit” by Rev. Dr. John Oakes

Response Songs:

Spirit of the Living God

Spirit of the living God fall afresh on me

Spirit of the living God fall afresh on me

Break me melt me mould me fill me

Spirit of the living God fall afresh on me

Spirit of the living God move among us all

Make us one in heart and mind

Make us one in love

Humble caring selfless sharing

Spirit of the living God fill our lives with love

CCLI Song # 191468

Daniel Iverson | Michael Alfred Baughen

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Spirit Song

**Oh let the Son of God enfold you
With His Spirit and His love
Let Him fill your heart and satisfy your soul
Oh let Him have those things that hold you
And His Spirit like a dove
Will descend upon your life and make you whole**

Chorus

**Jesus oh Jesus
Come and fill Your lambs
Jesus oh Jesus
Come and fill Your lambs**

**Oh come and sing this song with gladness
As your hearts are filled with joy
Lift your hands in sweet surrender to His name
Oh give Him all your tears and sadness
Give Him all your years of pain
And you'll enter into life in Jesus' name. *Chorus.***

CCLI Song # 27824

John Wimber

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The Apostles' Creed

Presider: Let us confess the faith of our baptism, as we say:

Do you believe in God the Father?

**All: I believe in God, The Father almighty,
creator of heaven and earth.**

Presider: Do you believe in Jesus Christ, the Son of God?

**All: I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate, was crucified, died, and
was buried. He descended to the dead.**

**On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father. He will come
again to judge the living and the dead.**

Presider: Do you believe in God the Holy Spirit?

**All: I believe in God the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

Intercessor: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People: For our families, friends, and neighbours, and for all those

who are alone.

Intercessor: For this community, our country, and the world, and especially for those nations riven by war and conflict, including Israel, Palestine, Ukraine and Russia;

People: For all who work for justice, freedom, and peace.

Intercessor: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Intercessor: For all who are in danger, sorrow, sickness, especially Diane, Edna, Freda, Judy, and all others whom we now name.

The people may add their own petitions.

For those in any kind of trouble;

People: For those who minister to the sick, the friendless, and the needy.

Intercessor: For the peace and unity of the Church of God;

People: For all who proclaim the gospel, and all who seek the truth.

Intercessor: For Andrew, Kevin and Riscylla our bishops, for John our priest and pastor, for Alex, our interim moderator, for our elders and wardens, and for all other ministers;

People: For all who serve God in his Church.

Intercessor: For our own needs and those of others, especially those which we now remember before you.

The people may add their own petitions.

Hear us, Lord;

People: For your mercy is great.

Intercessor: We thank you, Lord, for all the blessings of this life.

The people may add their own thanksgivings.

We will exalt you, O God our king;

People: **And praise your name for ever and ever.**

Intercessor: We remember all who have died in the peace of Christ, and those whose faith is known to you alone.

The people may add their own petitions.

Lord, let your loving kindness be upon them;

People: **Who put their trust in you.**

Intercessor: We pray to you also for the forgiveness of our sins.

Silence.

All: **Have mercy upon us, most merciful Father; In your compassion, forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your name; through Jesus Christ our Lord. Amen.**

Absolution

Presider: Almighty God, have mercy upon you. Pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life through Jesus Christ our Lord, Amen.

The Peace

Presider: The peace of the Lord be always with you.

All: **And also, with you.**

Offertory Hymn #354: *Come, Thou Fount of Every Blessing*

Prayer over the Gifts

Presider: Loving God and Father,
you have adopted us to be your heirs.
Accept all we offer you this day
and give us grace to live as faithful children.
We ask this in the name of Jesus Christ our Lord.

All: Amen.

The Celebration of the Eucharist

Communion Prayer

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is indeed right, our duty and joy, that we should always and everywhere give thanks to you, O Lord, holy Father, mighty Creator, and eternal God. Therefore with angels and archangels, and with the whole company of heaven, we praise and magnify your glorious name, evermore praising you, and singing:

All (sung):

**(#735) Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Presider: Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect and sufficient sacrifice, atonement and

satisfaction for the sins of the whole world. He instituted and in his holy gospel commands us to continue a perpetual memorial of his precious death until he comes again. Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed he took bread and when he had given thanks, he broke it and gave it to his disciples, saying: "Take, eat this is my body which is given for you. Do this in remembrance of me." In the same way, after supper, he took the cup; and when he had given thanks, he gave it to them, saying: "Drink this, all of you, this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. **Amen.**

(The above is a modern translation from the BCP Communion Prayer)

The Lord's Prayer

Presider: And now, as our Saviour Christ has taught us, we are bold to say:

All: Our Father, who art in heaven. Hallowed be thy name, thy Kingdom come, thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever, Amen.

Breaking of the Bread

Presider: "I am the bread of life," says the Lord. "Whoever comes to me will never be hungry; whoever believes in me will never thirst."

All: Taste and see that the Lord is good;

happy are they who trust in him!

Presider: The gifts of God for the People of God.

People: Thanks be to God.

All (#745) (sung):

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: have mercy on us.

Lamb of God, you take away the sins of the world: grant us peace. Grant us peace.

Communion: All who know Jesus Christ as their Lord and Saviour are welcome to receive Communion. You may choose between the common or an individual cup. If you would rather not receive either, simply push out your hand. If you would like to receive a blessing, please cross your arms when you approach the Communion station.

Communion Hymn #619: Fairest Lord Jesus

Prayer after Communion

Presider: Eternal God,
we have received a token of your promise.
May we who have been nourished by holy things
live as faithful heirs of your promised kingdom,
in the name of Jesus Christ our Lord.

All: Amen.

Presider: Glory to God.

All: Whose power working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation. In the church and in Christ Jesus forever and ever, Amen.

Announcements

Blessing

Presider: The peace of God, which passes all understanding. Keep your hearts and minds in the knowledge and love of God and of his son Jesus Christ our Lord. The blessings of God Almighty, the Father, the son and the Holy Spirit be among you and remain with you always. Amen.

Recessional Hymn #602: *Lift High the Cross*

ANNOUNCEMENTS

Welcome!

Welcome to St. Cyprian's and Iona, as we continue our combined worship and ministry at 10:30 a.m. on Sundays. After today's service, we invite everyone to join **a joint fellowship time together in the Iona space.**

Summer Fellowship Time

For the remaining Sundays this summer, a cool drink and a cookie will be available for self-serve after the service, as we continue to take time to chat, catch up, and stay in touch. Do stay and join us and if you wish to volunteer one Sunday, please speak to an elder or warden.

Sunday Bible Study

The Sunday Bible Study is **taking a break** until September.

Wednesday Noon Meditation

The **Wednesday meditation continues** with David Rudd and others at **12 noon**. It is **20 minutes long** and a **helpful way to nurture your faith** through the practice of silent prayer.

<https://us02web.zoom.us/j/9321564941?pwd=QmhLdDZ6ekQ2a1FLMmRWK2tXU0F0Zz09>

Meeting ID: 932 156 4941

Passcode: 1080

Friday Zoom Bible Study

Rev. John's weekly **Zoom Bible Study on Fridays at 7:00 p.m.** is now **on summer break**. Watch this space for news about its resumption.

Ministry Opportunities

There are **ministry opportunities** in a number of **different areas**, for which **volunteers are welcome**. To help, **please contact Rev. John or one of the St. Cyprian's wardens or Iona elders**.

Happy Birthdays

???

**Happy birthday, Happy birthday, God loves you.
Happy birthday and may all your dreams come true.
When you blow out the candles, one light stays aglow.
It's the love light of our Lord for all to know.**